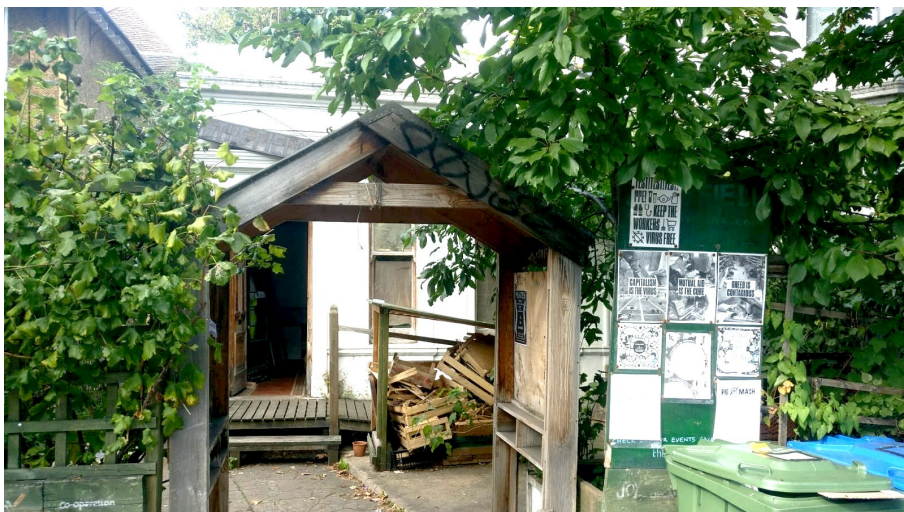




Newsletter

October 2021

pienmash.org.uk



HARVEST AT THE FIELD

The Field is a radical social centre that has been run by volunteers since 2014. It's a social and educational space and political project which resists the logic of capitalism through local political action, radical education, mutual care and solidarity, and commoning and collective service provision.

The Field has also been the base for Pie N Mash Mutual Aid since March 2020. As well as the building, The Field has a good-sized garden space and this year we've grown tomatoes, various types of squash, courgette, chard, parsley, garlic, broad beans, peas, runner beans, French beans, corn, apples, pears, currents, grapes, peaches, nettles, mint, beet root, blackberries, chillis, tomatillos, gerkins, melon, purslane, sorrel, Jerusalem artichoke, mini onions, quince, raspberry, nasturtium, sweet peppers, spinach and mizuna. Planting is still going on, most recently for kale, chicory, lettuce and thistle.

If you want to get involved in gardening, come down on Sundays 11-2.

Do you drive? Or are you up for using a cargo bike? We miss out on lots of food donations because no one can collect. Contact us if you can help!



GET INVOLVED

Everyone at Pie N Mash is a volunteer. We are especially looking for people to **pack food parcels** and do other tasks at The Field

- Tuesday 12.30pm to 3pm
- Wednesday noon to 6pm
- Thursday noon to 4pm
- Friday noon to 2pm

and to **deliver food parcels**

Wednesdays from 4.30 and
Thursdays from midday

and to give out food in
Peckham on Tuesday
afternoons and Deptford
Thursday afternoons.

If you can only do evenings
and weekends, maybe you can
pick up donations or do admin!

To join us, fill in the application
form on our website, or contact
us.

DONATE

Feeding 300 folks a week is
expensive! You can give us
cash or donate via our website.





JOIN OUR VEG CO-OP

Every Wednesday at The Field, we pack big bags full of fresh fruit & veg and YOU can have one! We ask for a donation of £2 - £5 for the bags and all money goes toward keeping our mutual aid project going. If you have asked for a bag, you can pick up on either Wednesdays 5-6.30pm or Thursdays 12-4pm. You can get a bag as a one-off or every week - whatever you choose. Sign up here:

<https://tinyurl.com/pnmveg>



EVICTIION RESISTED IN NEW CROSS!

Some Pie N Mash folks helped a local man keep his home in September. Lewisham Homes were going to evict Anthony, a local bus driver and father, but London Renters Union, Lewisham TUC and the Campaign for Truth and Justice called on people to come along and protest the eviction. The call went out on the Pie N Mash group message and some of us helped create a great turnout with the result that Anthony still has his tenancy. Congratulations Anthony and solidarity.

<https://londonrentersunion.org/join>

<http://www.ctj.org.uk>



ABOUT US

Pie N Mash is a friendly and optimistic community of over 300 people in south east London. As a mutual aid group, we work together to make sure we all have what we need to thrive.

ABOUT MUTUAL AID

But our project isn't just about food. It's also about growing the connections between people in our community. It's about getting to know each other and making friends in our local area. It's about understanding what makes our neighbours happy and what worries them. It's about coming together to solve problems and celebrate achievements. It's about helping people when they ask and being able to ask when we need help too.

Other local projects

HOT MEALS IN CATFORD

FoodCycle Lewisham are doing free lunch every Saturday in Catford and all are welcome.

Location: Lewisham Irish Community Centre, 2A Davenport Road SE6 2AZ

When: Saturdays 1.15pm

Accessibility: Wheelchair accessible. Disabled Toilet.

NEED ADVICE?

If you want free advice on benefits, housing, debt, immigration and more, and you live in Lewisham, ring Advice Lewisham on 0800 231 5453

9.30am - 12.30pm & 1.30pm - 4pm

Monday to Friday.

NEED TO USE A COMPUTER?

Or to borrow books, print, photocopy or access the Credit Union? New Cross Learning has reopened! Tuesdays, Wednesdays and Thursdays 10-2.